

EYEBROWS PRE-CARE INSTRUCTIONS

PLEASE READ CAREFULLY BEFORE BOOKING YOUR APPOINTMENT. NOT ADHERING TO THESE INSTRUCTIONS CAN IMPACT YOUR HEALED RESULTS.

- It is recommended to eat something and stay hydrated before your appointment to make sure your blood sugar levels stay stable during the procedure.
- No excessive alcohol or caffeine consumption 24 hours before your procedure. Alcohol and caffeine can thin the blood, which causes the skin to be hypersensitive, and bleed/bruise more easily.
- Avoid sun tanning one week prior to the procedure.
- Avoid blood thinning medications for 24 hours before the procedure. This includes Aspirin, Niacin (Vitamin B₃), Vitamin E or Advil/Ibuprofen, fish oils tablets. Please consult your physician if this is an issue.
- Discontinue Retin-A one week prior to the procedure.
- Do not wear any makeup on the day of your appointment.

